

The Prairie Voice

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Silent Voices Conference

Silent Voices: Education, Intervention, and Prevention of Abuse of People with Disabilities Conference.

There is a growing body of research showing that people with disabilities are more likely to experience violence and abuse than are people without disabilities. Yet in our experience, it appears that abuse of people with disabilities is too often a well-kept secret. In order to break the silence surrounding this issue, The Voice is pleased to announce the first conference of its kind in Saskatchewan that is focussed solely on abuse of people with disabilities. The conference will be held

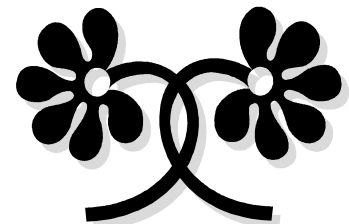
in Saskatoon October 13th - 15th, 2010 at the Radisson Hotel Saskatoon.

This event will provide first responders, care-givers, consumers, community-based organizations, and family members with the opportunity to share their experiences and learn from experts in the area of abuse of people with disabilities.

We are bringing together experts across North America to speak at this conference as well as providing consumers with a wide spectrum of topics which will be addressed allowing for knowledge growth. Some topics that will

be covered include; caregiver abuse, financial abuse, abuse of men with disabilities, abuse of women with disabilities, intervention strategies, internet bullying, information for First Nations and Metis women, societal myths surrounding disability, prevention strategies, and reduction of systemic barriers.

If you require further Information about the attending the conference or if you have ideas about presenters please contact Allison Schmidt at the Voice office - or by email at voice@saskvoice.com



Maternity Rolls—Pregnancy, Childbirth and Disability

Author: Heather Kuttai



Article from : www.fernwoodpublishing.ca/

Heather Kuttai is a 40-year-old white, heterosexual woman. She is married and is the mother of two children. Living in a quiet, middle-class neighbourhood, her life is, in many ways, seemingly the quintessential picture of what many consider to be traditional. However, her life is not as conventional as it appears: she is a paraplegic and uses a wheelchair for mobility. Her disability dramatically changes the pic-

ture. Much of the writing about the experiences of women and mothers excludes the stories of women with disabilities. Established norms dictate that a mother's body be "healthy" and "whole." Because the body with disabilities is often seen for what it cannot do, taking on the role of mother can give the body a different value, status and worth. Heather's experiences

as a woman with a disability experiencing pregnancy and childbirth offers insights into what is already known about women's bodies. The stories she tells of her life, her pregnancies and giving birth illustrate both her self-awareness and her awareness of our society's negative perceptions of disability.



May 6, 2010 For immediate release

Affordable Accessible Housing – A Critical Issue for Canadians with Disabilities

The Council of Canadians with Disabilities (CCD) urges all Parliamentarians to support Bill C-304 – An Act to ensure secure, adequate, accessible and affordable housing for Canadians. One of the major issues people with disabilities have is finding affordable and accessible housing. "Too frequently people have no choices and live in housing that is unsafe and marginally accessible," said Marie White Chairperson of CCD.

"All parties should support this legislation. Adequate housing is essential to the well being of persons with disabilities," said White. "Canadians with disabilities disproportionately live in poverty and finding affordable housing is a huge challenge," said Laurie Beachell, CCD National Coordinator.

Canadians with disabilities want a federal government that works with provinces to build more accessible and inclusive communities. "Sadly many Canadians with disabilities end up homeless and living on the street," said White. Bill C-304 is an important initiative in that it will ensure housing strategies include

financial assistance for those who are otherwise unable to afford housing and to set targets and timetables to eliminate homelessness.

CCD calls on all parties to support Bill C-304. Affordable accessible housing is an essential need for persons with disabilities.

CCD is a national organization of persons with disabilities that works to build a more inclusive and accessible Canada



Access TV Series

Living in Harmony—TV Series on Access Communications

Provincial Interagency Network on Disability (PIND) in conjunction with Access Communications have made 14 TV shows which concentrate on issues of Living with a Disability. The Coordinator of PIND, George Thomas is the Host of the Show. Bev Duncan, Executive Director of Sask Voice coordinated the

Show. Sask Voice has copies of the first 7 shows on DVD if you are interested in obtaining one, please contact our office at the # or email on the last page of this newsletter. The following is the listing of upcoming shows...

Living in Harmony airs Wednesdays at 5:30 pm and Saturdays at 12 pm

The Schedule is as follows:

May 5th, 2010 - Autism
 May 12th, 2010 - Mental Health
 May 19th, 2010 - Employment
 May 26th, 2010 - Transportation
 June 2nd, 2010 - Sailing, Girl Power
 Camps & Abuse Issues
 June 9th, 2010 - Housing

Safe Shelters in Saskatchewan

Estevan—Envision Counselling & Support Centre, Inc
306-637-4004

Hudson Bay—Family & Support Centre—306-865-3391

La Ronge—Piwapan Women's Centre—306-425-3900

Regina—Isabel Johnson Shelter—YWCA—525.2141

Regina Transition House—306-757-2096

SOFIA HOUSE—2nd Stage—306-565-2537

WISH Safe House—306-543-0493

Lloydminster—Interval Home—780-875-0966

Meadow Lake—Waskoosis Safe Shelter—306-236-5570

Prince Albert
PA Safe Shelter for Women
306 764-7233

PA Safe Shelter - 2nd Stage
Tel: 306-764-7233

Saskatoon
Saskatoon Interval House
(306) 244-0185

YWCA of Saskatoon
(306) 244-2844

Adelle House - 2nd Stage
(306) 668-2761

Weyburn
Envision Counselling and Support Centre, Inc. 306-842-8821

Yorkton
Project Safe Haven

(306) 782-0676

Melfort
North East Outreach and Support Services
752-9464

Moose Jaw
Moose Jaw Transition House
306 693-6511

North Battleford
Battlefords Interval House
306 445-2750

Fort Qu'Appelle
Qu'Appelle Haven Safe Shelter
306 332-6881

Swift Current
Southwest Safe Shelter
(06 778-3386)

Genesis House - 2nd Stage
306 778-3386



A safe
place to go

Cost of Healthy Eating In Saskatchewan Report Released

In Saskatchewan, a family of four can expect to spend an average of \$205.02 on food each week. This does not include eating out, convenience foods, toiletries or transportation to the grocery store. In addition to the average cost of healthy eating, The Cost of Healthy Eating in Saskatchewan 2009: Impact on Food Security report, by the Public Health Nutritionists of Saskatchewan and supported by Saskatchewan Health Regions, also found geographical differences around the province. People living in rural areas pay more for food than those living in large cities such as Regina and Saskatoon. Food costs are highest in the northern part of the province.

Pregnant and breastfeeding women have a higher food-

cost due to their need for increased energy. It is important to note that even though a breastfeeding woman requires more food, it is still more economical to breastfeed.

The report provides a calculator that can help Individuals, families, communities and governments to make decisions around food costs and policies affecting healthy eating.

This study provides an important piece of evidence on the variability of food cost across the province, said Public Health Nutritionist, Jennifer Miller. This is one factor to consider when addressing access to affordable healthy food.

All individuals and organizations have a role to play in creating a food-secure

Saskatchewan. Collaboration is essential for long-term and sustainable solutions that address the complexity of food costs as well as food security and poverty.

For a copy of the full report, visit www.dietitians.ca/coesask

For further information or to arrange an interview, contact:
Cathryn Abrametz (306) 425-8583
Jennifer Miller (306) 446-6400 ext. 6129

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Email: voice@saskvoice.com



MEMBERSHIP APPLICATION

NAME: _____

ADDRESS: _____

CITY/PROVINCE: _____

POSTAL CODE: _____

PHONE: _____

FAX: _____

EMAIL ADDRESS _____

Newsletter: \$10.00

Provincial Membership: \$10.00

Newsletter & Provincial Membership: \$20.00

Board of Directors for Saskatchewan Voice of People with Disabilities, Inc.

Maurice Bourassa-
Chairperson



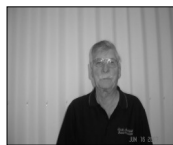
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